

Applied Technology & Skilled Trades

Working with your hands to create or fix something

Welding or working with metals

Using tools to make household repairs

Volunteering to work for Habitat for Humanity

Drawing house or building floor plans

Building simple circuit boards

Taking machine shop class

Installing and repairing electronic components

Building cabinets, shelves and other simple woodworking

Operating motorized machines or equipment

TOTAL: ____

Arts, Humanities & Communication

Performing (music, drama, dance)

Using a computer to create graphic designs, design a newsletter or website

Creating an original video or vlogging

Sketching or painting pictures

Taking photographs

Writing poems, stories, plays or blogs

Working with jewelry, sculpture, ceramics or stained glass; arranging flowers

Being a DJ for an amateur radio station or podcast

Designing or modeling clothes

Decorating your house or rearranging furniture

TOTAL: _____

Business, Culinary & Hospitality

Using a copy machine, fax machine or multi-line phone

Filing/sorting paperwork

Running your own business

Managing tasks for a group

Preparing reports, presentations, spreadsheets or typing documents

Working in a restaurant

Planning vacations or special events

Cooking, baking, serving meals and/or preparing a menu

Organizing and/or selling products for a fundraiser or giving people advice on products they should buy

Developing a budget or being a treasurer

Human Services

Working as a camp counselor or volunteer

Education &

Tutoring young children

Reading to elementary school students

Babysitting young children

Helping special needs children

Listening/helping friends with problems

Serving food at a homeless shelter

Working with the elderly

Volunteering regularly

Delivering food and clothes to people during the holidays

TOTAL: _____

Engineering Technolgy & Design

Repairing vehicles, bikes and engines

Operating machines or equipment

Drawing house or building floor plans

Building simple circuit boards

Reading mechanical and automotive magazines

Solving math riddles and equations

Sketching/planning landscaping or other designs

Designing robots, rockets, cars or other devices for science projects

Using instruments and calculating measurements (density, volume, temperature)

Taking a computer or another appliance/machine apart to see how it works

TOTAL: _____

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